



**FIELD SCHOOL IN
MEDIÉVAL ARCHAÉOLOGY AND BIOARCHAÉOLOGY AT
BADIA POZZEVERI
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**ALTOPASCIO (LUCCA), ITALY | 01-26, JULY 2024
INFO & APPLICATION AT: PALEOPATOLOGIA.IT**

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1. GENERAL PROGRAM INFORMATION

Contact Information

For general information about the Field School, visit our website at

<https://www.paleopatologia.it/>

For any questions concerning payments, enrollment and required documents contact:

francesco.coschino@med.unipi.it

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Staff Contact Information

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General Field School and Site Information

The Field School in Medieval Archaeology and Bioarchaeology at Badia Pozzeveri (Lucca, Italy) is an academic program aimed at training students in archaeological and bioarchaeological field and laboratory methods.

Excavations will take place at the church of “San Pietro di Pozzeveri” in the municipality of Altopascio through one session:

- ***July 1st to July 26th, 2024***

Badia Pozzeveri is located approximately 10 miles east of the city of Lucca, capital of the Tuscan province of the same name. San Pietro’s church was once part of a Camaldolese monastery, which was founded in the 11th century on the shores of Lake Bientina. The medieval lake, now entirely dried up, extended between Lucca and the Arno River. The monastery flourished during the 12-13th centuries thanks to its location along the Via Francigena, a major trade and pilgrimage route, which connected France and Northern Europe with Rome throughout the entire Middle Ages. The monastery’s decline started in the 14th century and eventually led to its dissolution in the 15th century. San Pietro’s church remained as the village’s center of worship and is still in use. During the 2024 field season, the field school will continue to explore the medieval levels of the site, including the cemetery as well as the monastery’s ruins.

The Field School at Badia Pozzeveri is an outstanding opportunity for students to gain practical experience in archaeological excavation and bioarchaeological investigation by working side-by-side with leading researchers in the field. The field school is designed to provide all participants with an in-depth knowledge of archaeological field methods – including survey, excavation, and GIS (Geographic Information Systems) – and bioarchaeological field and research methods – recovery, restoration, and analysis of human skeletal remains.

Practical, hands-on experience in the field will be complemented by laboratory activity and lectures on the theory and practice of archaeology and bioarchaeology. Additionally students will be requested to complete the study of a collection of articles and readings before the Field School’s beginning.

On site, students will have the opportunity to investigate specific research interests by being part of smaller research groups focused on:

- 1) *architectural and material archaeology;*
- 2) *GIS and informatics archaeology;*
- 3) *bioarchaeology.*

Research Objectives

The Field School is part of a broader academic program managed by the University of Pisa investigating biocultural complexity in the region surrounding Lucca during the Middle Ages. Specifically, the research project has the following objectives:

- 4) *Excavation and analysis of the monastery's cemetery, with particular attention to population demography, burial typology, and funerary ritual.*
- 5) *Bioarchaeological analysis of the medieval population buried at Badia Pozzeveri, with particular attention to biological diversity, paleopathology, and activity patterns.*
- 6) *Reconstruction of the settlement's evolution from the Early Middle Ages until Modern times.*
- 7) *Analysis of material culture from a monastic center along the Via Francigena, with particular attention to trade dynamics, diffusion of technical knowledge and economic activities related to monastic life.*

2. ADMISSION AND TUITION INFORMATION

Admission Procedures

The Field School at Badia Pozzeveri is a program focused on medieval archaeology and bioarchaeology and welcomes students enrolled in an anthropology program at the undergraduate and graduate levels. Space is limited to 15 students. While there are no formal prerequisites for the field school, prior exposure to archaeology and bioarchaeology is highly recommended. No prior field experience is required.

The application deadline is May 15, 2024. However, applications are reviewed as soon as they are received and suitable applicants are accepted immediately. A short interview (in person or by phone) and/or reference letters (e-mails) may be requested. The instructors reserve the right to verify any of the information reported in the application form and request supporting documentation (e.g., advising reports, references) at their discretion. Instructors will make final decisions regarding enrollment. Only accepted students will be able to enroll in the class. Upon acceptance, students will receive detailed information on enrollment requirements.

Following acceptance into the program, students will be required to provide the following documentation:

1. *Health Information Form (see Health Information and Insurance Forms), inclusive of a physician's note of good health and tetanus vaccination record.*
2. *Insurance Information Form (see Health Information and Insurance Forms) and proof of insurance. Students must have valid international health and injury insurance (made available through student travel centers) and must provide the insurance provider's contact information as well as the policy number.*

3. *Signed Participation Agreement and Release of Liability (See Release of Liability). All students must read and accept the terms of the field school to participate in the program.*
4. *Travel Itinerary (travel to and from Italy) (See Travel Itinerary). This information will allow field school staff to arrange airport/train station pick-ups and drop-offs in advance.*

See below for forms and documents. Please scan and submit a copy of all documents to francesco.coschino@med.unipi.it and antonio.fornaciari@unipi.it and bring originals with you.

Tuition and Fees

The field school is an accredited academic program offered by the University of Pisa.

The support fees for the 2024 field school season are **2,400.00 EUR (1,000.00 EUR / fees + 1,400.00 EUR / accommodations and meals)**.

Support fees cover housing, meals, excavation and laboratory equipment, and staff costs for one person (participant) for the entire duration of the field school.

There are no application fees. However, students are required to pay support fees in full within 2 weeks after the reception of the invoice. Failure to pay the amount due will result in the automatic forfeiture of the student's place in the course. In the unlikely event of course cancellation, fees will be refunded in full (any applicable processing fees may not be refunded).

These fees do not cover: 1) travel costs incurred by students to reach the field school; 2) personal expenses during the stay in Italy not expressly stated in the service description above.

Cancellation/Refund Policy

In case of student withdrawal, all support fees minus a non-refundable deposit of €500 will be refunded until April 30, 2024. After April 30, 2024, no fees will be refunded.

Cost Breakdown

Housing and meals	€1400.00
Staff costs	€700.00
Excavation and laboratory equipment	€250.00
Pick-up to the site from airports	€50.00

3. OFFICIAL SCHEDULE AND ACADEMIC INFORMATION

Schedule

Field School Dates

The field school will take place from July 1 and July 26, 2024.

Important Dates

- June 30 – Arrivals
 - Pick-up at Pisa/Florence airports and Altopascio train station at pre-arranged times
 - Note: Students who are not able to meet at the pre-arranged pick-up times are responsible for arriving to Altopascio on their own.
- July 1 – Orientation
 - Program Expectations, Rules, and Safety Orientation
 - Free university medical examination at Pisa hospital
 - Introduction to the site and medieval archaeology
 - Introduction to archaeological field methods

- July 1-26 - Field School Session
- July 24 – Final Examination
- July 26 – Last day of the field school and departures.

Excavation and Lecture Schedule

Excavation will take place daily, Monday through Friday, between 8:00 am and 6:00 pm, with an hour lunch break. At the beginning of the field school, the instructors will divide the students in groups and each group will be assigned to a specific excavation area. Area assignments are based on a variety of factors, including experience and interests, and decisions are final. Given the didactic value of direct involvement in – and observation of the progression of – archaeological investigation, students are expected to actively contribute to the excavation of their area for the entire duration of the field school. The excavation areas at Badia Pozzeveri differ somewhat in their investigation focus and, even though human remains have been discovered or are expected in all areas, there is no guarantee that all participants will be equally involved in the excavation of human remains, but a switching of the groups is foreseen, so that each participant acquires all the excavation skills.

Laboratories will be held regularly in parallel with excavation. Lectures and/or group discussions will take place once or twice a week, typically after the lunch break. In case of inclement weather, excavation will be replaced with laboratory activities and/or lectures. At the end of the working day students will have time to relax and shower before dinner.

Excavation, laboratories and lectures will not be held on weekends to give students the opportunity to enjoy their stay in Italy. Students are welcome to take sightseeing trips to other cities, provided that they inform the instructors of their whereabouts and return on time for regular excavation and lecture activities (See Off-Site Travel and Off-Site Travel Form).

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Laboratory activities will include cleaning, labeling, restoring, and analyzing skeletal remains and artifacts. Such activities will be held at the instructors' discretion and will involve only small groups of students (2-3) at a time. During these activities, students will have the opportunity to apply the methods and concepts covered in the lectures.

A tentative schedule is reported below:

IMPORTANT: Please understand that this schedule is tentative and due to unforeseen circumstances (including weather conditions, progress of the excavation, etc.) changes may be made. A daily schedule will be posted at the site and any major changes will be announced to the group at the start of the excavation day.

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00-8:00 a.m.	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:00-12:00 a.m.	Excavation/ Lab	Excavation/ Lab/Lecture	Excavation/ Lab	Excavation/ Lab/Lecture	Excavation/ Lab
12:00-1:00 p.m.	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-5:30 p.m.	Excavation/ Lab	Excavation/ Lab	Excavation/ Lab	Excavation/ Lab	Excavation/ Lab
6:00-8:00 p.m.	Relax/ Shower	Relax/ Shower	Relax/ Shower	Relax/ Shower	Relax/ Shower
8:00- p.m.	Dinner	Dinner	Dinner	Dinner	Dinner

Course Requirements

Prior to their arrival to Italy, the students are required to complete all readings included in the reading list. Students are required to participate actively in both fieldwork and laboratory activities, and to demonstrate a good understanding of the concepts and techniques employed in the field. Participation and overall performance in the field will be monitored throughout the entire field school, and a short written final test will be administered at the end of the fourth week to assess the students' mastery of the subject matter (both readings and on-site activities).

Grade and Assignment Information

The students accepted in the program will receive a reading list and will be required to complete all readings prior to their arrival to Italy. The readings will include topics such as bioarchaeology, stratigraphy, geographic information systems (GIS). An understanding of such topics is essential to maximize on-site learning. A Final Examination will be administered during the last week of the program to assess the student's mastery of the theoretical and practical concepts and techniques learned throughout the entire field school.

On a daily basis, all students assigned to a specific area are expected to work as a team and compose a brief excavation journal to be published on the excavation website. This assignment aims at fostering reflection and discussion among the students about the progress of the excavation. Additionally, it meets some of the project's outreach goals.

On a weekly basis, based on the Instructor's decisions, students may be required to give group presentations aimed at exposing the progress excavation in their assigned area. These presentations serve the dual purpose of 1) allowing Instructors to evaluate the students' understanding of the project and 2) ensuring that all participants have a sense for the work being conducted at the entire archaeological site.

Final grades are assigned based on participation in excavation (40%) and laboratory (20%) activities, participation in group discussions and presentations (5%) and final (20%) examination, and overall conduct for the entire duration of the field school (15%).

Readings

Prior to their arrival to Italy, the students are required to complete all required readings included in the reading list provided by the instructors.

4. PROGRAM EXPECTATIONS AND POLICIES

Students are expected to apply common sense and act safely and responsibly at all times. Please carefully review the following expectations, policies and regulations below.

As any other academic course, the Field School has expectations regarding proper academic conduct. However, field schools such as ours are different from regular academic programs in that they require students to work and live with peers and instructors in a foreign country and for an extended period of time. In addition to standard academic expectations, students attending the Field School are expected to maintain a proper conduct even out of the classroom.

Field School Expectations

- Attendance – attend all excavation and lab sessions as well as lectures. Students may not attend Field School activities only for health reasons. Unjustified absences will negatively impact a student's grade.
- Communication – always communicate with staff and peers in a clear way; make sure you understand what you are expected to do; do not complain, rather, express concerns in a reasonable and constructive way; seek the advice of a staff member in case of attrition with other participants or locals.
- Disruptive Behavior – archaeological excavation is a serious professional endeavor requiring attention and dedication. No behavior that will interfere with the proper progression of the excavation or with harmonious cohabitation will be tolerated.
- Laws and Regulations – regardless of what you may be used to, when in Italy you will need to abide by local laws and regulations; this notwithstanding, most of your home university's code of conduct will apply here.
- Participation – participate in all activities; contribute to class discussions and work in the field as directed by the faculty and staff; cooperate with your peers and make sure to pull your weight in any group activity.

- Punctuality – out of respect for staff and peers, be punctual and adhere to the field school activity schedule. If you are late at the time we leave to the site, you will likely be left behind.
- Respect - keep in mind that other people may have different sets of values and priorities than yours, especially when traveling to a different country. You will be “guests” of the local community and you should always strive to be “good guests.”
- Safety – always act responsibly and avoid any behavior that may put you or others at risk.

Group Expectation Contract

Every student involved in the Field School should agree to abide by the following principles and rules.

All members of the team should act with courtesy towards government representatives, visitors and community members.

Excavation will take place in a village, and we want to maintain excellent relationships with the community. Local people visit the site on a daily basis and often ask questions on the progress of the excavation. Always interact with them courteously and take the time to address any questions they may have about our activities. Any visitors to the site should be introduced to the representatives of the Field School at the first opportunity. Visitors must be escorted round the site and may be excluded from sensitive/dangerous areas. Should a problem with the community arise, please report it to the instructors, who will then seek a resolution. Remember that our behavior will contribute to how Italians view The University of Pisa and other universities, and foreigners in general. Personal conduct can directly affect how the local people treat and perceive students.

Respect should be shown for local customs and the environment.

Please be careful not to leave litter, either at the excavation or beyond it. No improper behavior or inappropriate attire (e.g., drunkenness, swimming suits on site, etc.) will be tolerated. No electronic devices (including computers, cell phones, I-pods, MP# players, cameras, and any other unapproved devices) are allowed

during program activities (on the site or during lectures and labs). It is forbidden to enter the excavation areas after working hours.

Consideration should be shown towards other team members.

Have a positive attitude and a sense of humor. Be considerate of others. Be patient. Make as little noise as possible, and abide by any requests such as not playing music late at night, not slamming the doors, not talking in the corridors of the accommodation area. The observation of safety and hygiene rules are important aspects of showing consideration towards others. While a regular cleaning schedule will be implemented, it is expected that communal living areas are kept clean and free of clutter. Let others know where you are going and if possible don't go by yourself. Someone should always know where you are. Be punctual. Keep in mind that the use and abuse of alcohol can be a hazard as well as a nuisance to other people. Your daily participation is paramount. Absences due to excessive drinking the night before will not be tolerated.

Respect should be shown towards the archaeological site, human remains and artifacts.

Remember that the excavation of an archaeological site is a serious, professional endeavor and as such must be treated with care, professionalism and respect. Given the destructive nature of excavations, to guarantee the validity of their results, it is of utmost importance to record all data according to standard protocols. Always follow all guidelines for data collection and comply with staff directions and ask questions if you are not clear on what you are expected to do. Treat skeletal remains with the respect due to the deceased and remember that they were people and not only important data for understanding our history. Always remember: **It is illegal to take human remains and artifacts or other archaeological material from the site.**

Site Rules

1. No one is allowed on the site after dark.
2. No one is allowed on the site after working hours without the permission of Field School representatives.
3. Introduce visitors immediately to one of the Field School representatives.

4. No artifact should be moved from its place on the surface of the site without following standard recording procedures.
5. Labs with finds MUST be kept locked at all times unless there is an authorized key-holder present.
6. There should always be one car at the site in case of an emergency.
7. Smoking is prohibited on the site, in the vicinity and in all the labs. Please stop visitors and local staff from smoking in these areas.
8. Where smoking is allowed, please use the provided ashtrays. Do not use designated smoking areas as an ashtray.
9. Tidy up after yourself - don't leave trash lying around.
10. BE CONSIDERATE.

Smoking

Smoking is not allowed on the field site, in the accommodation area, in the labs or in the kitchen or dining room. Smoking is allowed only in designated areas outside the accommodation area and in the designated area outside the boundaries of the field site.

Alcohol Consumption

When traveling to a different country, students must abide by that country's laws and regulations. The legal drinking age in Italy is 18 years; hence most college students will be able to drink alcohol even though they may be underage in their home country. If you elect to consume alcohol when in Italy, drink responsibly. Alcohol consumption overseas poses additional security and health risks to study abroad students who are unfamiliar with the language, cultural norms, and lack of sanctions on alcohol. The abuse of alcohol can be a hazard as well as a nuisance to other people. Alcohol consumption is not allowed in the accommodations.

Recreational Drugs

Recreational drugs are illegal in Italy. Anyone found with recreational drugs will be dismissed from the project immediately and reported to competent authorities at University of Pisa, if applicable.

Sexual Harassment

The University of Pisa Sexual Harassment Policy applies to: faculty, staff, student employees, students, and volunteers. The University administration, faculty, staff, student employees, and volunteers are responsible for assuring that the University maintains an environment for work and study free from sexual harassment. Sexual harassment is unlawful and impedes the realization of the University's mission of distinction in education, scholarship, and service. Sexual harassment violates the dignity of individuals and will not be tolerated. The University community seeks to eliminate sexual harassment through education and by encouraging faculty, staff, student employees, and volunteers to report concerns or complaints. Prompt corrective measures will be taken to stop sexual harassment whenever it occurs.

Policy Guidelines

1. Sexual harassment includes unwelcome sexual advances, requests for sexual favors, and other physical or verbal conduct of a sexual nature when it meets any of the following:
2. Submission to such conduct is made either explicitly or implicitly a term or condition of an individual's employment or academic status.
3. Submission to or rejection of such conduct by an individual is used as the basis for employment or academic decisions affecting such individual.
4. Such conduct has the purpose or effect of unreasonably interfering with an individual's work or academic performance or creating an intimidating, hostile, or offensive environment for working, learning, or living on campus. Sexual harassment can occur between any individuals associated with the University, e.g., an employee and a supervisor; coworkers; faculty members; a faculty, staff member, or student and a customer, vendor, or contractor; students; or a student and a faculty member.

5. **Examples of Sexual Harassment.** Examples of sexual harassment include, but are not limited to:
- Some incidents of physical assault.
 - Direct or implied threats that submission to sexual advances will be a condition of employment, work status, promotion, grades, or letters of recommendation.
 - Direct propositions of a sexual nature and/or subtle pressure for sexual activity that is unwanted and unreasonably interferes with a person's work or academic environment.
 - A pattern of conduct that unreasonably interferes with the work or academic environment (not legitimately related to the subject matter of a course) including:
 1. Sexual comments or inappropriate references to gender.
 2. Sexually explicit statements, questions, jokes, or anecdotes regardless of the means of communication (oral, written, electronic, etc.).
 3. Unwanted touching, patting, hugging, brushing against a person's body, or staring.
 4. Inquiries and commentaries about sexual activity, experience, or orientation.
 5. The display of inappropriate sexually oriented materials in a location where others can view them.

Group Meetings (Faculty, Staff and Students)

Students are required to attend all meetings called by the staff prior to beginning the excavation operations or at any other time during the workday. During such meetings the staff will recap the progress of the excavation, will outline the activity plan for the day, will make any announcement as necessary, and will assign chores and other tasks, as needed.

Regular staff meetings will be held during the field school to evaluate student participation in the field school, individual performance and overall progress of the program. During such meetings the staff will also define excavation plans and strategies, and will address any disciplinary incidents.

Disciplinary Policy

The field school expects all students to maintain a proper conduct for the entire duration of the program. Disruptive behavior and improper conduct are taken very seriously and may engender disciplinary actions.

Any person who becomes aware of improper conduct, criminal activity, or other behavior that may jeopardize student and staff safety is required to report it to the program's Resident Director, who serves as the local Campus Safety Authority. The Resident Director is responsible for administering any necessary disciplinary actions and reporting such actions or other relevant events to Ohio State and local authorities.

Disciplinary Actions

Students who do not follow the expectations, policies and regulations stipulated in this Handbook are subject to disciplinary actions. After a disciplinary incident, the Staff will fill out an Incident Report (see Forms and Documents) and will discuss it with the student to make sure the behavior that led to the disciplinary action will not recur. After a first disciplinary action, a student will be officially put in probation. Upon any additional violation of the Field School rules, the Staff will meet to decide the appropriate sanction, up to and including the student's immediate discharge from the program.

Discharge from the Program

Students who will be found to be in violation of any law, or who will put themselves or others at serious risk will be immediately discharged from the program. Discharged students are responsible for returning to their home country at their

expense. The Staff will fill out an Incident Report (see Forms and Documents), which will be signed by staff and student and submitted to the Field School Directors and, when applicable, to the student's advisor and/or academic sponsor. In case of dismissal from the program, students will receive a failing grade for the course.

5. HEALTH AND SAFETY

Students are responsible for their own health. Remember that no matter how much you have traveled in the past, changes in diet, time zone and activity levels can exacerbate chronic conditions, including physical and mental ones. Alcohol use can exacerbate these conditions. Dehydration can occur; make sure to drink lots of water and non-caffeinated fluids throughout the workday. Remember that no matter how enjoyable, travel is a stressor and plan accordingly.

Wellbeing on Site

The participation in the field school at Badia Pozzeveri involves intense physical activity and possibly high temperatures (over 90 °F) during the workday. It is mandatory that all students consult with their physician to confirm that they will be able to endure the demands of working outdoors for several hours.

All students accepted in the program will be required to provide a physician's note stating that they are in good health and able to participate in the field school safely. In case of students with medical conditions and/or special needs, a specialist's note may be required. In order to guarantee safety and proper intervention in case of emergency, medical history information must be included in the physician's note. Such information will be treated with absolute confidentiality and will not be disclosed to any third party unless required to safeguard the student's health.

Given the potential exposure to pathogens in the soil, students must have had a tetanus vaccination or booster within the past ten years; no other vaccinations are required to travel to Italy.

International Health Insurance and Medical Expenses

All students enrolled in the field school must have a valid international medical insurance for the entire duration of their stay in Italy. Students are required to provide policy information prior to their arrival in Italy. In case of accidents, with the exception of life-threatening situations, students are responsible for paying for

their medical expenses out of pocket and submitting any claims and requests for reimbursement to their insurance provider.

Prescription Medications

Students should keep in mind that prescriptions will most likely not be honored abroad. This implies that you may not be able to purchase your medications during your stay in Italy. Therefore, students who take prescription medications on a regular basis must ensure they bring from home sufficient quantities of each medication for their entire stay abroad.

In general, it is advisable to know the generic drug name for both over-the-counter and prescription medications you take regularly, in order to be able to provide this information to treating physicians or pharmacists in case of emergency.

Mental Health and Overall Wellbeing

Mental health issues are one of the greatest challenges that students and staff experience while working in the field abroad. Mental health conditions are more challenging to keep under control and address promptly because, unlike physical ailments, they may not be readily apparent.

If you have been diagnosed with a mental health condition (including but not limited to depression, bipolar disorder, etc.), you want to make sure that the time zone change and work schedule will not get in the way of your regular and consistent consumption of prescription medications. Additionally, a different diet and alcohol consumption may interfere with your medications and affect your overall wellbeing.

Regardless of whether you have a known mental health condition or not, it is important that you take your overall wellbeing seriously in order to make the most of your experience abroad. Should you experience any issues in adjusting to the new living and working situation, or should you feel that a physical or mental condition is not well controlled, please seek the assistance of our staff immediately.

Should the Instructors determine, in their sole discretion, that it is not possible to guarantee a student's ongoing safety due to the onset or worsening of a mental or

physical condition, the student will be requested to make arrangements to leave the field school and return home immediately.

Safety Tips

We recommend you keep your personal identification and travel documents, money, and any valuable possessions locked at all time they are not being used. When traveling, you should bring with you only the documents you will need (all hotels require a valid ID to be exhibited at the time of check-in) and a limited amount of cash/credit cards, rather than everything you own.

Italy is a safe place to visit, even though some areas, especially where tourists abound, are affected by minor thievery. When visiting the country, always make sure to avoid any behavior that may make you an easy target for pick pocketing.

As you would in your home country, avoid accepting anything from strangers and do not agree to follow strangers anywhere. We encourage students to adopt a “buddy system” and watch out for each other at all times, especially when traveling during the weekend. Whether you travel together or simply go to a bar on a Saturday night, make sure never to leave a fellow student behind, and support each other in case of need.

Always act responsibly and respectfully and avoid disruptive behaviors. Additionally, understand that cultural differences and linguistic barriers may lead to misunderstandings: when interacting with locals, be patient and open-minded and seek the assistance of Italian staff members whenever needed. Be mindful of the fact that Italians’ ideas of what is proper conduct in social interactions or proper attire in public can be substantially different from yours. For instance, Italians tend to be rather formal in their interactions with strangers and acquaintances, and do not greet, or start casual conversations with, strangers on the street. Additionally, very short shorts or sweatpants are considered inappropriate to wear in public.

Personal Hygiene and Food Preparation

All members of the Field School should be aware that their own health and hygiene standards may affect the welfare and efficiency of the whole excavation. Keep the toilets and washing facilities clean and tidy. Always wash your hands after using toilets, and after work on site, particularly where there may have been contact with biological, animal, or chemical contamination.

Before preparing or handling food or eating meals hands *must* be washed with soap and hot water and dried. Please adhere to any requests such as not entering food preparation areas, or keeping doors and windows shut in order to keep insects out.

6. EMERGENCY INFORMATION

In case of a health or safety emergency on the excavation site or in any of the facilities routinely used by students and staff (i.e. labs, classrooms, dorms, etc.), seek the help of a Staff member immediately.

In case of a force-majeure emergency or act of God (e.g., strikes, civil unrest, war, fires, earthquakes, floods, etc.) you are required to abandon all activities and converge to predetermined rendezvous locations. If on site, converge in the parking lot in front of the church; if at the school, converge in the outdoor basketball court located south and west of the main building.

Should you be separated from the group and unable to contact the Field School staff in any way during a weekend trip, you are required to return immediately to Altopascio municipality building, located at:

Piazza Vittorio Emanuele, 24

55011 Altopascio LU

[Coordinates: 43.8150428, 10.6747668](#)

In case of emergency, if unable to locate or contact any member of the staff, you may contact the following emergency number:

Police - Fire Fighters - Ambulance: **112 (or 911)**

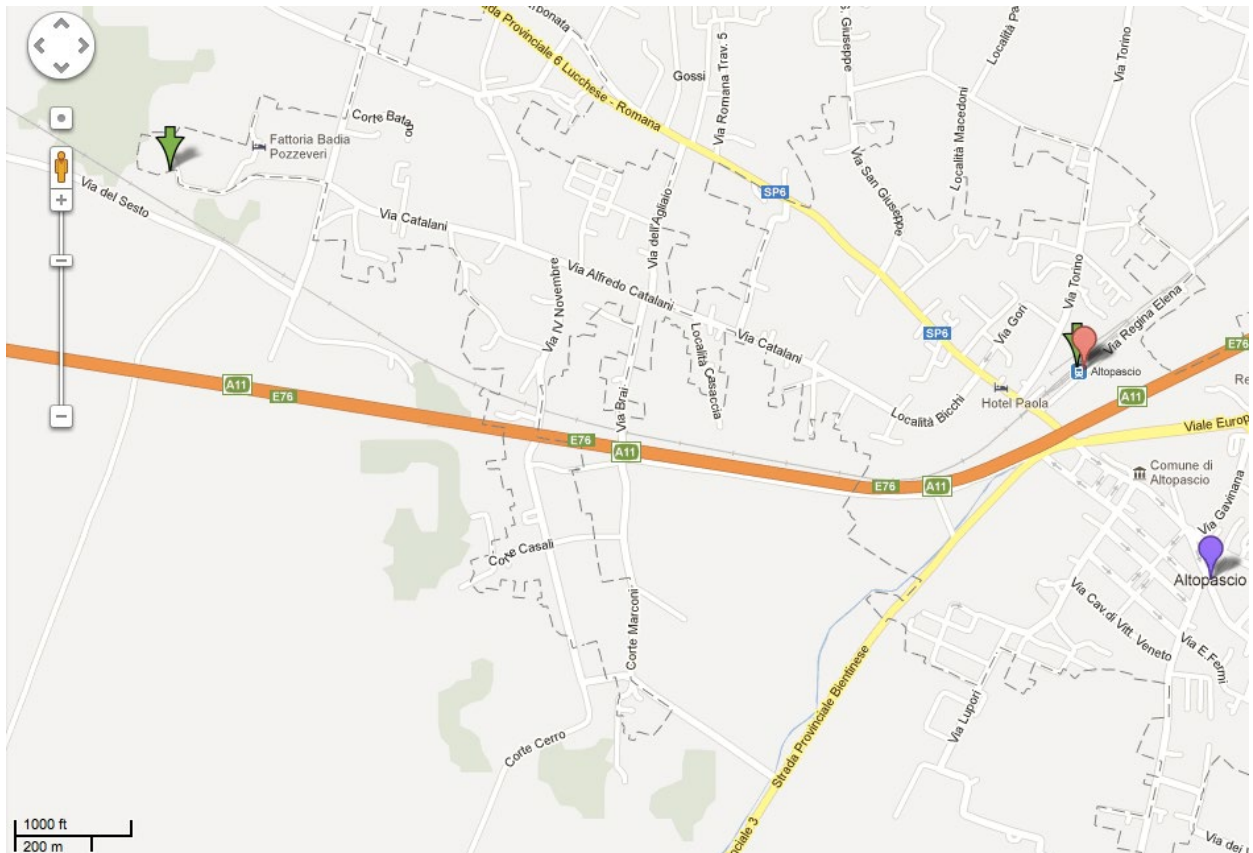
Communication of Personal Information

IMPORTANT: Under The Family Education Rights and Privacy Act of 1974 (or FERPA), the field school staff is not at liberty to disclose your academic, health, or financial information to your families or other unauthorized third parties. Information will only be disclosed when a student agrees in writing to the release of their records. Exceptions to this general provision include: 1) communications with your listed Emergency Contact in case of emergency and only when you are

unable to communicate with your families; 2) communications with Ohio State personnel or your academic sponsors (if applicable) regarding your performance, necessary for the proper operation of the field school; 3) communications with medical personnel or other parties as needed to ensure you receive proper assistance in case of an emergency.

7. PLANNING YOUR TRIP – Travel Information

Students are responsible for arranging their own transportation to and from Italy. The field school will take place in the Badia Pozzeveri township, in the municipality of Altopascio, near Lucca. The site is not indicated on travel guides or maps; it can only be reached by car from one of the regional airports or the local train station. The closest airports are located in Pisa (PSA) and Florence (FLR); the closest train station is Altopascio. The exact coordinates of the site are 43.822081,10.64322.



Location of the site (green arrow) in relation to Altopascio's city center (purple marker) and train station (pink marker).

Arrivals

All students are required to make travel arrangements to and from the field school site. The following information is provided to assist you identifying suitable travel options.

The first day of the field school is Monday, July 1th.

This means that all students are expected to arrive to the field school site on the day before, Sunday, June 30th, 2024 between 2:00 pm and 7:00 pm.

If you plan on arriving at one of the regional airports serving northern Tuscany (Florence and Pisa), you can plan to arrive in Italy the day before the field school starts (i.e., Sunday, June 30th, 2024).

However, if your flight lands in other cities, you should plan to reach Italy at least 1 day before Sunday, in order to give yourself ample time to reach Altopascio. When planning your trip, be mindful of the distance between cities and of the different transportation options to reach the field school. The most cost-effective means of transportation (regional and interregional trains) often require several hours to reach their destination, may be delayed, or require multiple stops/connections. For information on train schedules and prices, visit www.trenitalia.com.

Typically, your arrival to the field school is the most stressful time of the program for you, your families and the staff. To ease arrivals, the field school will provide a pick-up service at the airports in Pisa (PSA) and Florence (FLR), and at the Altopascio train station as follows:

SUNDAY, June 30

Pisa Airport (PSA)	1:30 pm	<i>The field school staff will be holding a sign with the Field School logo in the area outside the arrivals door (red dot on PSA map below).</i>
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Florence Airport (FLR)	4:30 pm	<i>The field school staff will be holding a sign with the Field School logo in the area outside the arrivals door (red dot on FLR map below).</i>
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Altopascio	2:00 pm	<i>The field school staff will meet you at the exit of the train station.</i>
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	3:00 pm	
--	----------------	--

	4:00 pm	
--	----------------	--

	5:00 pm	
--	----------------	--

Please take note of certain limitations applied to the transportation services provided by the field school:

1. Students will only be picked up at the airports in Florence and Pisa at the times indicated above on 6/30/2024;
2. Transportation is provided only from the airports to Altopascio, with no intermediate stops or alternate pick-up locations;
3. Transportation is provided only to those students who sign up for pick-up by returning the pick-up sign-up form;
4. Students not meeting the requirements above (i.e., arrival to PSA, FLR on 6/30/2024) are responsible for arriving to Altopascio on their own;

If you elect to take advantage of our pick-up service, as a sign of respect for staff and fellow students, make sure to be at the meeting point on time. Please note that if you are unable to meet our staff at the time scheduled for reasons other than flight delays, you will be responsible for getting to Altopascio on your own. In any case, should you be unable to get to the meeting point on time, please contact one of the instructors at the phone numbers listed in the field school handbook.

Departures

The last days of the field school are:

- 1) Friday, July 26th

Accordingly, students should plan on leaving the field school after 12:00 pm on Friday, July 26th.

On those days, the field school offers a drop-off service at the Altopascio train station at 1:00 pm, 2:00 pm, 3:00 pm, and 4:00 pm. The Student Coordinator will remind you to sign up for the drop-off transportation service during the last week of the program.

No airport drop-off service is provided; hence the students must make their own arrangements to reach airports from the Altopascio train station.

An extension of your stay - no later than Saturday, July 27th - should be agreed with the student coordinator during the Field School.

Passport and Visa

U.S. citizens are encouraged to register with the Department of States' Smart Traveler Enrollment Program (STEP). This allows the Department of State to better assist you in case of an emergency. More information and enrollment instructions are available at <https://step.state.gov/step/>.

Non-U.S. citizens should refer to similar sources and services offered by their country of origin.

All citizens of countries belonging to the European Community can travel freely to Italy, with no restrictions. Non-EU citizens may or may not be required to obtain visa to enter Italy depending on a variety of factors. Specific information can be found on the Italian Ministry of Foreign Affairs' website at: http://www.esteri.it/visti/home_eng.asp.

U.S. citizens are required to carry a passport valid for at least 6 months following the date of entry in Italy. No visa is required to enter the country for a stay shorter than 90 days. All U.S. students are highly encouraged to read and review information relevant to traveling to Italy posted on the U.S. Department of State's website: http://travel.state.gov/travel/cis_pa_tw/cis/cis_1146.html.

We recommend that you travel with at least one photocopy of your passport and give another photocopy to the Instructors upon arrival in Altopascio.

Baggage and Customs

We recommend that you pack lightly, especially because airlines may impose penalties for heavy baggage. Before you travel, go to the homepage of your airline to find baggage information, including weight and baggage limits and costs.

For tips for Americans traveling abroad, see the U.S. Department of State's website at http://travel.state.gov/travel/tips/tips_1232.html. For customs restrictions, or what you may and may not take and bring back with you, see http://travel.state.gov/travel/tips/tips_1232.html#customs.

Off-Site Travel Policy

When the Field School is not in session (Friday evening, Saturday and Sunday), you are welcome to travel outside Altopascio and the city of Lucca. Students are welcome to take sightseeing trips to other cities, provided that they inform the instructors of their whereabouts and return on time for regular excavation and lecture activities (i.e. no later than 10:00 PM on Sunday). If your plans include an overnight stay, you must complete the Off-Site Travel Form (see Forms and Documents) and submit it to the Student Coordinator before you travel. This form helps the Field School keep track of your whereabouts in case of any emergency.

Make sure to inform the Student Coordinator whenever you leave the excavation site (for instance during the lunch break) and remember to bring with you the staff's contact information at all times.

Managing Finances

Students will not incur additional fees during the time the Field School program is in session. However, financial expenses for meals when the school is not in session, weekend travel, out-of-pocket medical treatment and other purchases are the

student's sole responsibility. Please understand that the Field School staff is not allowed to lend money to students for any reason.

Currency and Exchange

As a member of the European Union (EU), Italy adopted the Euro (€) in 2002. Updated information on Euro-US dollar exchange can be easily found online. Money may be exchanged at local banks, exchange agencies and hotels, or simply withdrawn at local ATMs. Most major airports feature a currency exchange desk, but you are likely to get a better rate directly from an ATM machine affiliated with a major bank.

ATM machines (locally referred to as “Bancomat” are typically found in/outside banks, airports and major train stations. In order to withdraw cash from Bancomats you will need a valid debit/credit card and a 4 digit PIN number (make sure your PIN number is exactly 4 digit long). Please note that a maximum withdrawal limit of 250.00 Euro is typically imposed at most Italian Bancomats.

Major credit cards are widely accepted, but small establishments may accept only cash. Please note that restaurants in Italy do not issue individual checks to groups and do not typically accept multiple credit cards for payment of one check.

Language and Culture

The official language of the field school is English and no knowledge of Italian is required. However, it is important to keep in mind that the majority of the local population, particularly in rural areas, will not speak English. Students who intend to spend their weekends traveling throughout Italy are encouraged to have an Italian dictionary and/or phrasebook with them at all times.

Also encouraged is a travel guidebook to Italy. Some suggested guidebooks are [Rough Guide to Italy \(9th edition\)](#), [Let's Go Italy 2009](#), [Italy: Instructions for Use](#), and *Lonely Planet Discover Italy Travel Guide* (U.S. edition).

A book written on the church of San Pietro a Pozzeveri and its history by Mario Seghieri (*Pozzeveri: Una badia*) is available to interested students, upon request.

You might also want to prepare for your trip by reading some Italian classics and watching some classic Italian films. Following is a list of some relevant authors and works.

- *Il Canzoniere (Song Book)* – Francesco Petrarca
- Cesare Pavese
- *La Divina Commedia (Divine Comedy)* – Dante Alighieri
- Federico Fellini
- *Il gattopardo (The Leopard)* – Giuseppe Tomasi di Lampedusa, also a film directed by Luchino Visconti
- *Ladri di biciclette (Bicycle Thieves)* – directed by Vittorio De Sica
- Luigi Pirandello
- *Il nome della rosa (The Name of the Rose)* – Umberto Eco
- *I Nostri Antenati (Our Ancestors trilogy, includes *The Cloven Viscount*, *The Baron in the Trees*, *The Nonexistent Knight*)* – Italo Calvino
- *Orlando furioso (The Frenzy of Orlando)* – Ludovico Ariosto
- *A Place to Live* – Natalia Ginzburg
- *The Decameron* – Giovanni Boccaccio
- Primo Levi
- *I Promessi Sposi (The Betrothed)* – Alessandro Manzoni
- *A Small Place in Italy* – Eric Newby

8. PLANNING YOUR TRIP - What to Bring

Students should plan on bringing clothing appropriate to the summer season and the following items specifically for the field school. No electronic devices are allowed on the site during daily activities, including computers. **The Field School is not responsible for damage to or loss of any personal clothing, equipment or electronic devices.**

Clothing

Required Items

- Backpack
- Basic school supplies
 - Pens, pencils, notebooks
- Steel-toe work shoes with reinforced soles
 - No sandals, flip-flops or tennis shoes are allowed on the site.
- Comfortable, lightweight pants and shirts to be worn during excavation
 - Shirts with shoulders and sleeves are preferable to tank tops and it is preferable not to wear shorts on the site.
- Hat to protect the head during the hottest hours of the day
- Insect repellent
- Personal toiletries
 - Shampoo, soap, lotion, contact lens solution, toothpaste and toothbrush, etc.
- Refillable water bottle or canteen
- Required over-the-counter and/or prescription medications, in labeled containers
 - Medication for colds, allergies, gastrointestinal distress, etc.
- Shower and hand towels
- Small personal first-aid kit

- Sunglasses
- Sunscreen
- Twin sheet sets (flat sheet, standard pillow case, fitted sheet) OR sleeping bag
- Work gloves (see Equipment)

Recommended Items

- Books to read in the evening or on weekends
- Camera
- Comfortable walking shoes
- Comfortable sleepwear
- Pillow
- International electrical travel adapter
- Lightweight jacket
- Umbrella and/or rainwear
- Pocket knife
- I-pod or MP3 player
 - These devices are not allowed on the site, in lectures or in lab facilities nor are cell phones.

Equipment

Excavation kits and field tools will be provided. However, you should bring at least one pair of work gloves. These are usually made from a rough cowhide or other tear-resistant materials. Gloves like these can sometimes be difficult to find in a size appropriate for most women though hardware stores tend to carry a variety. We do not recommend cloth gardening gloves, as they tend to tear and disintegrate after even one or two uses. Whatever type of gloves you will decide to use, make sure that they are not too bulky and that they will allow for good tactile feel.

More Questions?

Visit: <https://www.unipi.it/index.php/humanities/item/3892-field-school-pozzeveri-in-medieval-archaeology-and-bioarchaeology>

9. LIVING IN ALTOPASCIO

Accommodation

Housing

Students and staff will be housed in a pilgrim hostel, located about three mile east of the site, in the municipality of Altopascio. The building is equipped with cots with mattresses, restrooms, and showers. Typically, students will share their sleeping quarters with other students of the same sex. Additional facilities (including restrooms) are also available at the site. Students are responsible for bringing their own sheets/sleeping bags, towels, and toiletries (see What to Bring). Pillows are not provided and students may consider bringing one from home or purchasing one once in Italy.

Laundry

The Field School primary accommodations have an onsite laundry machine. Additionally, a self-service laundry is available in Altopascio:

Lavanderia Self-Service

Via Camillo Benso di Cavour 199

55011 Altopascio (LU)

Meals

Breakfast will be consumed in a bar by the dormitory; lunch will consist of boxed lunch and will be consumed at the site in a designated break area; dinner will be catered in the facilities adjacent to the hostel. Part of every student's duties as a member of the Field School may be to help prepare meals and clean up afterwards. While every effort will be made to accommodate students with severe food allergies (nuts, shellfish, etc.), there is no guarantee that individual lifestyles and dietary choices (vegetarianism, veganism, etc.) will be accommodated. Students with severe food allergies are required to communicate their specific dietary restrictions to the field school's organizers immediately upon admission. Additionally, students with dietary restrictions are encouraged to communicate regularly with

the Student Coordinator to make sure their needs are met on an ongoing basis. Because no snacks are provided, we recommend bringing or buying granola bars, peanut butter or some other non-perishable food if you get hungry between meals.

Local Transportation

Badia Pozzeveri is a small township and no means of transportations are necessary. Students will be able to walk to the site, restaurants and bars and the post office. Additionally, a grocery store and an ATM are just a short walk away from the site.

Faculty and staff will have vehicles for transportation of materials and supplies to and from the site, as well for any emergency transportation.

Communication

Telephones, Telephone Cards & VoIP Alternatives

No landlines are available for use by the students at the hostel or on site, while public phones are available at different locations in Altopascio. If you plan on using your cell phone in Italy, prior to leaving your country of origin you should contact your carrier to request information/activate an international plan of your choice. In general, intercontinental telephone communications are quite expensive and a better alternative to the use of cell phones is the use of pre-paid international telephone cards. These may be purchased in bars, airports, and train stations.

Calling Italy from the U.S.: Dial 011 39 followed by the number you are calling, inclusive of area code. (e.g. 011 39 335 99 99 999).

Calling other countries from Italy: Dial 00 followed by the country code and phone number inclusive of area code. (e.g. 00 1 614 292 4149).

Useful country codes:

United States and Canada: 1

China: 86

An economical alternative to traditional phone communications is represented by software employing VoIP (Voice over the Internet Protocol) technology such as Skype (www.skype.com). In order to use this technology you will need to meet minimum system requirements, which are not going to be provided by the Field School.

Email and Internet

Wireless internet and email access is available at the hostel. Interested students will be given access information upon signing a “Disclaimer of Warranties and Limitation of Liability for Wireless Internet Access” form (see Forms and Documents).

10. VISITORS

Occasionally, members of the local community and pilgrims may visit the site. As part of its outreach commitment, the Field School welcomes visitors to the site, provided that basic safety and security rules are respected. First, visitors should always be accompanied by a Field School representative, who may provide information on the research project being conducted at Badia Pozzeveri, show visitors around, and answer any questions. For safety and security reasons, no visitors are allowed to enter the excavation areas and restricted areas of the site.

Different rules apply to overnight visitors. An archaeological site is a place of work and requires the use of protective equipment so you are strongly discouraged from having visitors. Any person who is not officially a Field School participant (student or staff) must have official permission to stay overnight from the Staff. To this end, contact the Instructors at least 2-3 days in advance of any arrival to seek permission to have visitors on site. Please note that requesting permission does not imply it will be granted. IF permission is given all visitors must sign the Participation Agreement and Release of Liability (see Forms and Documents). Please note that if accommodation is available visitors can only stay for a maximum of 2 nights and again this is at the discretion of the Staff. Even if permission is given, there is no guarantee that a bed will be available. You will be responsible to seeing to the needs of your visitors. Please remember that we all have intense schedules and a heavy workload at the site and cannot allow visitors' presence to interfere with the Field School operations.

Visitors should **never** be left to wander around alone. All visitors must be accompanied on site by a Staff team member. DO NOT EVER direct visitors across the site or into labs unaccompanied.

Forms and Documents

Official Field School Forms and Documents follow this page.

Health Information and Insurance Forms

INSURANCE INFORMATION

International Health and Injury Insurance Requirement

All students enrolled in UNIFI's educational offerings must have a valid international medical insurance for the entire duration of any program attended. Upon acceptance in the program, students are required to provide complete insurance information. Please fill out the following form completely. Additionally, a copy of the insurance card and/or any additional relevant documentation must be provided.

STUDENT NAME _____

My current insurance carrier has certified that my health and major medical insurance is currently valid to travel abroad: YES NO

My insurance carrier does not cover me abroad so I will be purchasing Travel Protection Insurance: YES NO

NAME AND ADDRESS OF HEALTH INSURANCE COMPANY:

AREA CODE/TELEPHONE NUMBER _____

NAME OF POLICY HOLDER _____

POLICY OR CERTIFICATE NUMBER _____

POLICY EXPIRATION DATE _____

I understand that I am responsible for providing my coverage for health, accident, major medical and hospital insurance during the period that I will be a participant in any of UNIVERSITY OF PISA's programs. Furthermore, I understand and agree that lack of appropriate health insurance coverage may result in my expulsion from the program.

Signature of Student

Date

Signature of Parent/Guardian, if student under age 18

Date

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HEALTH INFORMATION FORMS

To be completed by student or guardian and must be in ENGLISH.

LAST NAME _____ FIRST _____ MIDDLE _____

PERMANENT ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____ CELL PHONE (Student) _____

HOME PHONE () _____ DATE OF BIRTH _____ MARITAL STATUS _____

GENDER: _____

PERSONAL HISTORY

Does the student have now or has he/she ever had; (circle all that apply)

1. ADD OR ADHD	11. CHRONIC HEALTH PROBLEMS	IMPAIRED MOBILITY/ PARALYSIS	31. PNEUMOTHORAX
2. ANEMIA	DEAFNESS/HEARING IMPAIRMENT	22. KIDNEY DISEASE	32. SEIZURE DISORDER
3. ANOREXIA/BULIMIA	13. DEPRESSION	23. LEARNING DISABILITY	33. STD
4. APPENDECTOMY	14. DIABETES	24. LOSS OF PAIRED ORGAN	SICKLE CELL DISEASE
5. ARTHRITIS	15. EMOTIONAL/MENTAL ILLNESS	25. MALARIA	THYROID DISEASE
6. ASTHMA	16. HEART DISEASE/PROBLEM	MIGRAINE/CHRONIC HEADACHE	POSITIVE TB TEST
7. BLINDNESS/VISUAL IMPAIRMENT	17. HEPATITIS (TYPE _____)	27. MONONUCLEOSIS	TUBERCULOSIS DISEASE
8. CANCER/ MALIG-NANCY	18. HIGH BLOOD PRESSURE	28. NEUROMUSCULAR DISEASE	ULCER/STOMACH PROBLEMS
9. CHICKENPOX	19. HIGH CHOLESTEROL	29. PARASITE INFECTION	39. UTI/FREQUENT ?
10. CROHN'S/IBS/COLITIS	20. HIV INFECTION/DISEASE	30. PHLEBITIS/DEEP VEIN	40. OTHER

Please explain all circled answers including dates:

HOSPITALIZATIONS

Please list all medical/psychiatric hospitalizations, dates, and diagnosis:

WELLNESS PROFILE

1. Do you smoke cigarettes? YES NO. Number per Day _____ For how many years? _____

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2. Do you drink alcohol? YES NO. If yes, how often? _____ When you drink, how many do you usually have? _____
3. Do you now or have you ever used recreational drugs YES NO. If yes, which ones? _____ How Often? _____
4. How often do you exercise? __ Never, __ Daily, __ 3-5 times a week, __ Weekly. What type of exercise _____
5. Do you follow a diet? YES NO. If so what kind? _____. Are you concerned about your eating habits? YES NO
6. Do you often have a feeling of being anxious, overwhelmed or depressed? YES NO
7. Have you ever received counseling for emotional problems? YES NO

MEDICATION AND ALLERGY INFORMATION

Please list **ALL** medications you are taking. Please include prescription and non-prescription medications. This includes vitamins, minerals, herbal supplements, and allergy injections.

MEDICATION	DOSE	USE	ALLERGY	YES	NO	EXPLAIN
1.			PENICILLIN			
2.			SULFONAMIDES			
3.			ASPIRIN			
4.			CODEINE			
5.			OTHER DRUGS			
6.			INSECT BITES			
7.			PEANUTS			
8.			OTHER FOODS			
9.			LATEX			
10.			OTHER			

EMERGENCY CONTACT INFORMATION

NAME OR PERSON TO CONTACT IN CASE OF AN EMERGENCY _____

RELATIONSHIP _____ AREA CODE/PHONE NUMBER _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

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IMPORTANT INFORMATION - PLEASE READ AND COMPLETE

STATEMENT BY STUDENT (OR PARENT/GUARDIAN, IF STUDENT UNDER AGE 18):

- A. I have personally supplied (reviewed) the personal history information and attest that it is true and complete to the best of my knowledge. I understand that the information is strictly confidential and will not be released to anyone without my written consent, unless otherwise permitted by law. If I should be ill or injured or otherwise unable to sign the appropriate forms, I hereby give my permission to UNIFI to release information from my (son's/daughter's) medical record to a physician, hospital, or other medical professional involved in providing me (him/her) with emergency treatment and/or medical care.
- B. I hereby authorize any medical treatment for myself (son/daughter) that may be advised or recommended by the physicians in case of emergency treatment.
- C. I understand that I am responsible for any charges not covered by insurance for services received by an outside provider (i.e.: laboratory, pharmacy, emergency room or consulting physician).

Signature of Student	Date
Signature of Parent/Guardian, if student under age 1	Date

PHYSICAL EXAMINATION

To be completed by physician or clinic and must be in ENGLISH.

Note: The student shall have a physical examination within the 12-month period preceding the starting date of program. Information on this form will be made available to any party as deemed necessary for the student's well being.

Last Name _____ First _____ Middle _____ DOB ____ / ____ / ____

Height _____ Weight _____

Are there abnormalities?	Normal	Abnormal	Description (attach additional sheets if necessary)
1. Head, Ears, Nose, Throat			
2. Eyes			
3. Respiratory			
4. Cardiovascular			
5. Gastrointestinal			
6. Hernia			
7. Genitourinary			
8. Musculoskeletal			
9. Metabolic/Endocrine			
10. Neuropsychiatry			
11. Skin			
12. Mammary			

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- A. Is there loss or seriously impaired function of any paired organs?
 YES NO
Explain _____
- B. Is student under treatment for any medical or emotional condition?
 YES NO
Explain _____
- C. Recommendation for physical activity
 YES NO
Explain _____
- D. Is student physically and emotionally healthy?
 YES NO
Explain _____
- E. Is the student currently taking any medications to treat a mental/emotional condition?
 YES NO
Please list Medications _____
- F. Has the student experienced any emotional problems requiring assistance by a psychiatrist or any that might affect his/her adjustment to and/or performance in the program?
 YES NO
Explain _____
-

IMMUNIZATION RECORD

Given the potential exposure to pathogens in the soil, students must have had a tetanus vaccination or booster within the past ten years. Please indicate the details and date of the most recent vaccination/booster: _____

SARS-CoV-2 (COVID19)

Please indicate the details and date of the most recent vaccination/booster: _____

Based on my assessment of this student's physical and emotional health on _____, he/she appears able to participate in archaeological excavations/intense physical activities YES NO

If no, please explain

If the student is under care for a chronic condition or serious illness, please provide additional clinical reports to assist us in evaluating the student's needs and participation into the program.

Signature of Physician _____ Date _____

Print Name of Physician _____ Area Code/Phone Number _____

Participation Agreement and Release of Liability

In order to participate in the Field School at Pozzeveri, all students are required to sign this Participation Agreement and Release of Liability and return it within 2 weeks of admission in the program. Failure to return a signed copied of this Agreement will result in the automatic forfeiture of the participant's seat in the field school.

I, the undersigned, desire to participate in the academic program known as Field School at Pozzeveri, organized by the University of Pisa (hereinafter "Program"). The Program will take place at Badia Pozzeveri, Altopascio (LU), ITALY, between July 1st and 26th.

I understand that entering in this Participation Agreement (hereinafter "Agreement") is a necessary condition to obtain permission to participate in the Program. Therefore, in exchange for said permission to participate, I make the following representations and agreements, which I understand that the Program, is relying on:

1. I am of sound mind, in good health, and affected by no physical or mental conditions that would hinder or prevent me from participating in the Program, or that would impair my judgment and affect my ability to freely enter in this Agreement.
2. The term "Releasees" as used in this Agreement shall mean any individual or legal entity associated with the Program, including, but not limited to: the University of Pisa, the City of Altopascio and their respective members, employees, agents, and affiliates.
3. The Releasees have not made any representation or promise to me about the matters covered in the Agreement, apart from what is written in this Agreement. In other words, this document contains the entire agreement between the Releasees and me with respect to the matters covered by the Agreement and I understand that the terms of this Agreement are contractual ones that are legally binding on me.
4. I have carefully read and fully understand all of the provisions of this Agreement, and the terms and conditions set forth in this Agreement. I further acknowledge and represent that I enter into this Agreement freely, knowingly and without coercion, and based on my own judgment.
5. I understand and agree that by signing this Agreement I may relinquish important rights, and it is my right to consult with counsel concerning the terms and conditions set forth herein prior to execution of this Agreement.
6. I understand that this Agreement is binding not only the Releasees and me, but also on our respective representative heirs, estates, beneficiaries, successors, and assigns.

Release of Liability

In order to receive permission from the Releasees to participate in the Program, I further agree as follows: I understand that travel, foreign travel, and staying in a foreign country involve risks and can be dangerous. By participating in the Program, I voluntarily expose myself to these risks and dangers, whether expected or unexpected. I am aware of these risks and dangers and I am aware that I may obtain appropriate insurance coverage at my own expense.

On my own behalf and on behalf of anyone who, as a result of my participation in the Program, can make a claim on my behalf or because of me, I agree as follows: I release and discharge the Releasees unconditionally and forever from any and all liability and responsibility for any loss, damage, or injury of any kind that I may suffer as a result of or in connection with my participation in the Program.

This release covers any loss, damage, or injury caused by: 1. any criminal, illegal or unauthorized acts of third parties, including but not limited to any terrorist act, hijacking or sabotage; 2. any social or labor unrest; 3. any political conditions; 4. any mechanical or constructional difficulties or conditions; 5. any diseases, local laws or climatic conditions, 6. any conditions, developments, actions or omissions outside of the control of the Releasees; 7. any other expected or unexpected conditions, developments or risks connected with travel, foreign travel, or staying in a foreign country, even if I suffer the loss of money, property, health, or life, and irrespective of who is or may be at fault, or whose negligence, including the negligence of the Releasees, may have caused my loss, injury or death.

I HAVE READ EACH AND EVERY WORD IN THIS AGREEMENT. I FULLY UNDERSTAND ALL OF THE TERMS OF THIS AGREEMENT AND THEIR MEANING. I VOLUNTARILY SIGNED THIS PARTICIPATION AGREEMENT AND RELEASE OF LIABILITY.

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_____ Status while at site: Staff Student Visitor
Legal Name of Participant

Full Address of Participant

No. of Passport

Signature of Participant

Date

Signature of Parent/Guardian, if student under age 18

Date

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ALL PARTICIPANTS WHO ARE MARRIED MUST HAVE THE FOLLOWING PROVISION SIGNED BY THEIR SPOUSE.

AS A SPOUSE of _____ (name of Participant) I have read each and every word in this Agreement and I fully understand its meaning. In exchange for permission for my spouse to participate in the Program, I voluntarily sign this Participation Agreement and Release of Liability. By signing, I agree to release and discharge the Releasees unconditionally and forever from any and all claims I may have, including any claims for loss or deprivation of my spouse's services, support, sexual relations, comfort, or attention that I may suffer as a result of, arising out of, or in connection with any of the events, conditions, or risks stated in the Agreement, even if such loss, liability, damage, or cost is based on the negligence of the Releasees.

Legal Name of Participant

Legal Name of Spouse

Full Address of Spouse

Signature of Spouse

Date

Off-Site Travel Form

The following form is required for anyone planning to travel outside of Altopascio or beyond the city of Lucca during the time the Field School is in session. Please fill it out and submit it to the Instructors before you leave the area.

Name _____

Travel destination(s) _____

I do or do not know where I will be staying. (Please circle one.)

Hotel/hostel name, phone number and address: _____

Date and time leaving _____

Date and time returning _____

If my plans change significantly or I am due to arrive later than anticipated, I will notify the Instructors.

Signature _____

Date _____

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Date: _____

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Name _____

Signature _____

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Date _____